

Telehealth Consent

We are excited to offer the opportunity of using a secure audio/video platform for Telehealth services. Here we explain certain acknowledgments and guidelines to make this a successful platform for therapy.

I understand there are potential risks to this technology, including interruptions, unauthorized access, and technical difficulties.

I agree, to the best of my ability, to attend (or have child attend) in a confidential and private space.

I understand that none of the telehealth sessions will be recorded or photographed. I agree not to make or allow audio or video recordings of any portion of the sessions.

I understand that if the video conferencing connection fails to connect or drops while I am in a session, I will have a phone line available to contact my therapist and proceed with the appointment by phone.

I understand that a failure to connect with video on the client end (in most circumstances) will warrant a late cancellation fee if the therapist is unable to reschedule.

I understand that I or my therapist may discontinue the telehealth sessions at any time if it is felt that video technology is not adequate for treatment. Alternative options will be discussed at that time.

Telehealth Guidelines

- Connect in a confidential space by yourself. Headphones are encouraged, though optional.
- If you have problems with connecting, call your therapist to let them know.
- Children and teen clients should have their own space (preferably a room) away from others unless instructed by the therapist.
- Children should have access to toys and art supplies. These can include but are not limited to: dolls, action figures, toy animals, puppets, stuffed animals, blocks, playdough, board games, dress-up clothes, play kitchen, doctor kit, paper, crayons, markers, stickers, whiteboard with markers.
- Specific toys and supplies chosen by the child for each session can be placed in a box or container right before the session time. Around 3-5 toys/items is recommended.
- For children who struggle with staying in view of the camera, place a blanket or towel on the ground to mark where the therapist can see them during the session.
- Parents should be available for assistance if needed from the child or by phone from the therapist.
- Please avoid sessions in moving cars, parks, and other non-confidential spaces.

By signing this form, I acknowledge my responsibilities and agree to the guidelines stated above.